



E Holomua

ALU LIKE, Inc. E-Newsletter

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Our Mission

Our mission is to kokua Native Hawaiians who are committed to achieving their potential for themselves, their families, and communities.

Our Vision

We envision Hawai'i, our special island home, as healthy, safe and productive, and guided by the shared values of all its people.

ALU LIKE, Inc. serves the spirit of its name and motto, "working, striving together, natives of Hawai'i, "and coordinates its committed efforts with those who share common purposes."

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Limu Restoration Project Launched in July 2004

By Kevin Manuel

ALU LIKE, Inc., in collaboration with Kupuna Walter Kamana, Kai Makana, and the University of Hawai'i launched the Limu Restoration Project in the Nānākuli Ahupua'a on July 31, 2004. The goal of the project is to teach our youth the importance of caring for the marine resources in their Ahupua'a. Kupuna Walter Kamana and members of his 'ohana explained the significant need to restore the once (continued page 2)



Youth take part in activities.

ALU LIKE, Inc. Gets Ready to Launch It's AmeriCorps Program



By Mervina Cash-Kaeo

On November 1, 2004, ALU LIKE, Inc. will launch it's statewide AmeriCorps program! Created in 1993, the AmeriCorps program is a network of national service programs that provides trained, dedicated citizens of all ages and backgrounds to meet critical needs in education, public safety, health, environment, disaster relief and homeland security efforts.

ALU LIKE, Inc.'s AmeriCorps Members will help us reach more people in need and improve the effectiveness of our programs in four critical areas: 1) volunteer recruitment and management, 2) community outreach; 3) a centralized database; and 4) client and partner assessments.

If you are interested in serving as an AmeriCorps Member, please contact our AmeriCorps coordinator, Doug Knight, at 535-6735.

ALU LIKE, Inc. Returns to Original Logo Design

By Mervina Cash-Kaeo

"Branding" plays an important role in helping companies maintain a consistent and identifiable message. Company logos are an integral part of branding. ALU LIKE, Inc.'s original logo was a gift from Kupuna Mary Kawena Pukui who received the logo in a vision. Over the years, ALU LIKE, Inc., for various reasons, has made modifications to the original logo. To honor Kupuna Mary Kawena Pukui and her gift of our logo, ALU LIKE, Inc. will return to the use of our original logo, which appears on the top left hand corner of this newsletter.

Mahalo iā Kupuna Pukui no kona `ike pāpālua ma ka ho`omaika`i `ana mai iā mākou i kēia ki`i e alu like a ho`opili ai kākou i kā kākou hana a me ko kākou `uhane no ke kōkua `ana aku i ka lāhui Hawai`i.

Thanks goes to Kupuna Pukui for her foresight in bestowing upon us this image by which we may be unified in work and spirit for the betterment of the Hawaiian people.

National Security Field Experience Initiative Program Interns

By Doug Knight

From 1880 to 1887, King Kalakaua's Youth Abroad Program sent 18 Hawaiians to colleges around the world. The King was a proponent of adopting Western technology for the benefit of Hawai'i and for Hawaiians. As such in 1888, King Kalakaua was the first foreigner to visit one of the world's leading astronomy observatories, Lick Observatory in San Jose, California.

Since 1996, ALU LIKE, Inc. has sent Native Hawaiians in small groups to the Lawrence Livermore National Laboratory to prepare them as future leaders in high tech areas of national importance. As interns in the National Security Field Experience Initiative (NSFEI), they diagnosed the world's largest laser, assessed risks to homeland security, and monitored earthquakes in the Middle East. The internship also included a leadership component which sends our interns to Washington, D.C. to meet with Hawai'i's congressional delegation. On August 6, 2004, 65 families, friends, agencies and alumni attended the closing ceremony for the five members of the class of 2004 at Tokai



(From left) Sean Hayworth, Sen. Inouye, David Allen, Doug Knight, Ivan Won, Kimberly Cooper, Marjorie Gonzalez, (LLNL), and Paulino Eala. The NSFEI interns described their internship experiences at Lawrence Livermore National Laboratory to Senator Inouye during their Washington, D.C. visits to Hawai'i's congressional delegation, April 8 & 9, 2004.

University in Honolulu, Hawai'i. Here, interns shared their stories about their growth, professionally and personally. Members of the class of 2004 will be pursuing college degrees as well as jobs in the optics, lasers and environmental remediation area. Congratulations to our 2004 NSFEI interns!

To date, 41 Native Hawaiians have participated in the NSFEI program. A new source of funding is needed to continue this program for future generations. To help us in this effort, please contact us at 808.535-6700.

Success Story



Sandy Aken

By Victoria Carey

On August 17, 1999, Sandra (Sandy) Aken came into the ALU LIKE, Inc. Central Office to request assistance for classroom training. She had recently left her job to pursue her associates degree in Human Services and knew that in the long run, she would not be able to care for her younger children if she did not go back to school to further her education. Since her husband passed away, she has been the sole provider for her family. Sandy was excited but unsure of herself because she had been out of school for a long time. It was going to be a struggle, but she knew what needed to be done.

While in school, Sandy decided to enroll into the Cosmetology Program so that she could give back to her community. She finished her Cosmetology Program in May 2003 and finished her Human Services Program in May 2004.

Sandy began her employment with ALU LIKE, Inc. as the Native Hawaiian Summer School Assistance Program assistant. She is now the administration assistant in our Ke Ala Ho'olokahi program. Sandy has always wanted to come and work for ALU LIKE, Inc. Congratulations Sandy for being another of ALU LIKE, Inc.'s Success Story.

Limu Restoration Project Launched in July 2004 Cont.



bountiful limu to the Waianae Coast as a way to perpetuate the culture and the delicate eco-system. The day's events began with an `oli kahea and `oli komo written for the Nanakuli Ahupua`a. This was followed by a chant composed for the Kamana `Ohana by Elsie Ryder and performed by members of the community. Later, Donna "Kahi" Kahakui of Kai Makana spoke of the water

quality testing her organization would contribute to the collaboration as well as the effect that run off and pollution has on the Limu. The day ended with braiding and planting of the Limu on the papa fronting the home of the Cash `Ohana. We send a Mahalo nui to the Cash `Ohana for opening their home and providing `ono food for lunch. The Nanakuli Ahupua`a Limu Restoration Project will be held monthly and is open to groups that would like to attend. If you have a group interested in attending please call ALU LIKE, Inc. at 668-0555 and ask for Valerie Crabbe.

Council for Native Hawaiian Advancement 3rd Annual Conference Educates Attendees

By Al Moreno

From August 31 to September 3 the CNHA's 3rd Annual Native Hawaiian Conference, was held at the Hilton Hawaiian Village. This event included cultural protocol of oli and pule throughout the conference, followed by motivational speeches to encourage Native Hawaiians to vote and presentations related to Hawaiian culture and education. Many cultures were represented, including Native American and Native Alaskan.

ALU LIKE, Inc. extends a warm mahalo to CNHA for distributing many community services throughout the conference. Our president and CEO, Mervina Cash-Ka'eo, showcased ALU LIKE Inc.'s programs and services projects.

Numerous presentations and activities made this conference a great learning experience. Overall, it was obvious that all attendees appreciated this opportunity to be a learner and, in some instances, a practitioner. I was certainly amongst the most grateful.



Mervina Cash-Ka'eo, our president/CEO, speaks at conference.

Caregivers Conference Caring for Family, Caring for Self

By Billie Keawekane

Over 300 caregivers attended the Caregivers Conference - Caring for Family, Caring for Self on Thursday, August 5, 2004. The conference was held at the Hilo Hawaiian Hotel and sponsored by AARP, HMSA, ALU LIKE, Inc., and the Hawai'i County Office of Aging.

Mahalo nui to the Kumu Kahi Department of ALU LIKE, Inc., which provided scholarships to Native Hawaiians or a volunteer caregiver of a Native Hawaiian. Approximately 20 caregivers were able to attend the conference because of these scholarships.

Conference topics included but were not limited to: understanding medicare prescription options; helpful community resources; in-home caregiver techniques; coping with dementia; signs and symptoms of depression; and tax information. In addition, Billie Keawekane, Hawai'i Island representative for the Kūlia Like Department, provided a 45-minute



Billie Keawekane addresses money management.

presentation on basic money management for caregivers. About 91 conferees attended this highly-motivated session. Attendees described the caregivers conference to be very informative, straightforward, and commented that the speaker was able to stress the importance of managing finances.

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Alcohol, Tobacco and Other Drugs Prevention Project Helps Youth Succeed to Stay Drug Free

By Donalyn Naihe

This past summer, our Hana Pa`a prevention team partnership consisting of ALU LIKE's Youth Alcohol, Tobacco and Other Drugs Prevention Project (YAPP)-Hāna, the Maui Police Department, Wa'ile`a Rotary Club, Ke`anae YMCA, and our kupuna planned, organized and implemented a 3 day "Family Cultural Retreat" for 50 of our youths. The goal of the retreat was to help our community meet the challenges of underage drinking and substance abuse by bringing families together and underscoring the importance of core values, communication and family togetherness. Everyone had lots of fun and built friendships. The partners

had a wonderful time, and for some, it was their first experience working directly with youths. The partners enjoyed themselves so much that they committed to helping us plan the next retreat and We're already in the planning stages. Our team, Hāna Pa`a, will continue to host family retreats that will be enhanced with cultural activities, makahiki games, and family life stories, along with meals. The retreats emphasize to our families in Hāna the importance of family time-enjoying family by reading with each other, playing games and talking story.

Welcome Back to School.

ALU LIKE, Inc. will be back in school this year working with students in the health classes. ALU LIKE, Inc. is in its second year of using the SMART MOVES Curriculum (substance abuse/use and violence prevention). We thank the administration and teachers at Hana School for their full support and will continue to uphold the values for a Drug-Free Hana Community.

"The Legacy of Our Queen" Exhibit Now on Display

By Mahealani Merryman

On September 16, 2004, "Onipa`a...The Legacy of Our Queen" – a statewide traveling library exhibit – was launched at the Hawai`i State Public Library. More than 250 members of the public attended the exhibit opening.

The opening program began with an observance of Hawaiian protocol to the Queen at her statue at the State Capitol by community members from the Queen Lili`uokalani Children's Center. Protocol was followed by a procession to the State Library's courtyard.

The courtyard program was co-hosted by Aunty Betty Jenkins and Aunty Harriet O`Sullivan, and included Mahealani Merryman, director of ALU LIKE, Inc.'s Native Hawaiian Library; Claire Ah Sam, executive director of Queen Lili`uokalani Children's Center; Nālani Olds, notable and revered musical artist; and participants of Queen Lili`uokalani Children's Center's community projects – all paying tribute to the Queen. Among these tributes was the reading of an original poem composed for the Queen and her legacy by Mrs. Sally Moses of Maunaloa Valley, and the performance of chants and dances by Native Hawaiian public charter schools Hālau Lōkahi and Hālau Kū Mana. The Tui`ohana of Papakōlea closed the tribute and the program with the Queen's Prayer.

The program was followed by refreshments of Hawaiian delicacies and delights prepared by Nā Kūpono, a service group, and viewing of the exhibit panel in the main lobby of the library. The exhibit will be available at the State Library until the end of October 2004 during regular library hours, and will subsequently travel to public libraries throughout O`ahu until August 2005.

The exhibit was a collaboration of Hui Hānai – an auxiliary of the Queen Lili`uokalani Children's Center – and ALU LIKE's Native Hawaiian Library.



"The Legacy of Our Queen" Exhibit

Office of Hawaiian Affairs Supports ALU LIKE Inc.'s Kupuna Program at Hawai`i Youth Corrections Facility

By Kawika Parker

On June 1, 2004, ALU LIKE, Inc., in partnership with the Office of Hawaiian Affairs (OHA), began a new kūpuna cultural program at the Hawai`i Youth Correctional Facility (HYCF) in Windward O`ahu. OHA's grant of \$38,189.00 will enable Hui Kū`Ōpio O Ke Ko`olau (HKOK), a project of ALU LIKE, to bring cultural identity and appreciation to `Ōpio in HYCF.

HKOK's past experience has proven that a cultural approach to learning will change the attitudes and behavior of the most challenging youth. The curriculum which incorporates cultural traditions, values, wisdom and problem solving has not only given hope to youth participants but also made the obtaining of their high school diploma or GED a reality.

As expected, pre-survey questions asked of all the youth revealed a lack of Hawaiian cultural knowledge or cultural concern. A total of sixty nine youths were taught and serviced using Hawaiian history, legends, `ukulele, mele, genealogy and crafts as a part of part of the curriculum. After the completion of six weeks of instruction, a post-survey was taken.

The post survey documented 5 key observations: 1) Hawaiian youth composed sixty seven percent of the total population at HYCF; 2) the participants who are younger and more transient, had the highest lack of respect, the poorest attitudes, and were the most uninterested in their culture; 3) the less transient population adjusted better to the kūpuna experience; 4) the average age of boys with the most serious charges was 17 and 18 years of age; 5) the group of hard-core inmates, were more respectful of the kūpuna and looked forward to the kūpuna's weekly visits.

The post survey also indicated that 100% of the youth participants answered that they enjoyed the kūpuna, with no exceptions. The survey also showed an improvement in knowledge of Hawaiian culture by all with Hawaiian youths enjoying the instruction the most. Corrections officers also noted a general improvement in behavior.

ALU LIKE Inc. sends a Mahalo nui to the newly appointed Director and Administrator at HYCF, Kaleve Tufono-Iosepa, for allowing our Kūpuna Project to be implemented with boys 14 to 18 years old. The Kūpuna project is scheduled to run through May 31, 2005.

Our Partners

ALU LIKE, Inc. gratefully acknowledges the following partners who have generously supported our mission.

■ Federal 89%:

Administration on Aging
Administration for Native Americans
Department of Commerce
Department of Education
Department of Health & Human Services
Department of Labor
Institute of Museum & Library Services
National Oceanic & Atmospheric
Administration

■ State 5%:

Department of Health/Mental Health Division
Department of Public Safety
Office of Hawaiian Affairs
Research Center University of Hawaii

■ Counties, Foundations and Corporations 3%:

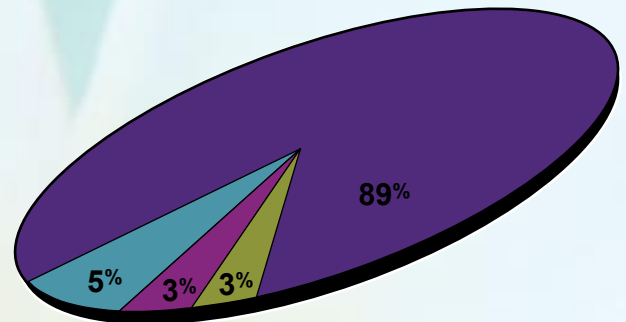
City & County of Honolulu
Kamehameha Schools
Friends of Hawai`i Charities Inc.
Aloha United Way

■ Individuals 3%:

Aceret, Violet
Brittain, Michael
Canales, Alice
Cash-Kaeo, Mervina
Crowell, Doris
Furumoto, Ida
Ho, Karen L.
Honjo, Margie
Kaohi Atou, Tammy
Kesaji, Ted (Valley Isle Appraisal Co.)
Leong, Mary
Matsumoto, Rose K.
Trembath, Charles L.

Vidinha, Lenora C.
Bishaw, Alex
Kaakimaka, Didi
Perez, Lucy
Tavares, Hannah
Rubin, Winona E.
Wright Emma L.

Percentage of Donations



Acknowledged support received between July 1, 2004 - September 30, 2004

Donation Form

Enclosed, please find my gift to help ALU LIKE, Inc. continue the legacy of helping Hawaiian Natives achieve their potential for themselves, their families and communities.

The category of my gift is as follows:

\$5,000 - \$1,000 _____ - \$500 _____ Other - \$ _____

In Tribute to: _____

In Memory of: _____

To a specific ALU LIKE, Inc. program: _____

Payment Arrangements:

My gift of \$ _____ is enclosed (please make check payable to ALU LIKE, Inc.)

I pledge to pay my gift in (circle one): monthly/bi-monthly/quarterly/annual installments of \$ _____

Please bill my credit card: VISA MasterCard American Express

Name of Cardholder: _____

Account Number: _____

Expiration Date: _____

Signature: _____

Contributions to ALU LIKE, Inc. are tax-deductible, Mail to: ALU LIKE, Inc. (attention: Finance)

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