



E Holomua

ALU LIKE, Inc. E-Newsletter

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Our Mission

Our mission is to kōkua Native Hawaiians who are committed to achieving their potential for themselves, their families, and communities.

Our Vision

We envision Hawai'i, our special island home, as healthy, safe and productive, and guided by the shared values of all its people.

ALU LIKE, Inc. serves in the spirit of its name and motto, "working, striving together, natives of Hawai'i," "and coordinates its committed efforts with those who share common purposes."

Contact Us

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2005 marks 30 years of History for ALU LIKE, Inc.

By Winona E. Rubin

Our Beginning...

Inspiration can come from the most unlikely sources in the most unusual setting. Such is the case with ALU LIKE, Inc. More than 30 years ago, in the back of a Washington D.C. taxi cab, Myron "Pinky" B. Thompson shared a cab with Senator Ted Stevens who told him about the wonderful service programs available to Alaskan Natives. That conversation served as the catalyst for the formation of ALU LIKE, Inc.

Many people are not aware of the fact that ALU LIKE, Inc. began as a little known infant non-profit organization called N.O.W. (New Opportunities Working). N.O.W.'s purpose was to provide educational programs for the Hawaiian community. The founders of N.O.W. included Myron "Pinky" B. Thompson, Winona Ellis Rubin,

James
Bacon,
Yukio
Naito,
Alvin
Shim and
David
Peters.

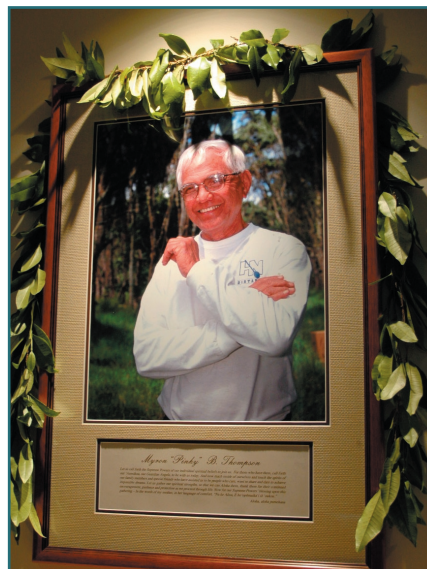


Winona E. Rubin

At a meeting at the Kamehameha Schools of more than 100 representatives of Hawaiian organizations from all islands, a decision was made to seek funding from the Office of Native American Programs. The assembled group was informed that a non-profit entity was needed immediately as a vehicle for a federal grant to provide the required data about how many Hawaiians there were in the state and their needs, before the federal government would make funds available. N.O.W. was volunteered as the non-profit vehicle.

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Dedication of the Myron B. Thompson Board Room



Our beloved Myron "Pinky" B. Thompson

On Friday, January 21, 2005, the ALU LIKE and Thompson 'Ohana celebrated the life and lasting legacy of Myron "Pinky" B. Thompson by formally dedicating the Central Administrative Office Board Conference Room that was named in his honor.

Our beloved "Pinky", as he was often called, was a selfless supporter of ALU LIKE, a Founder, an interim President/CEO, a Board of Director... our CHAMPION. "Pinky" served in this same capacity for countless Native Hawaiian programs and institutions, Kamehameha Schools, Polynesian Voyaging Society, and Papa Ola Lokahi are but a few.

The portrait of Mr. Myron "Pinky" B. Thompson as shown adorns our Board Conference Room together with his prayer.

Asset Building Initiative of Hawai'i Enhances Economic Opportunities for Hawaiian Families



American Savings Bank awards check.

By Jamie Omori

The Asset Building Initiative of Hawai'i (ABIH) is a collaborative initiative between Aloha United Way, ALU LIKE, Inc., American Savings Bank, Bank of Hawai'i, City and County of Honolulu Family Self-Sufficiency, Hawai'i Alliance for CBED, Hawai'i Asset Building Coalition, Parents and Children Together and the State of Hawai'i. The Mission of ABIH is to enhance economic opportunities of Hawai'i's low income families by focusing on the creation, improvement, and effectiveness of asset building programs in Hawai'i.

American Savings Bank gave a \$150,000 grant to ABIH, which will be under the fiscal and administrative sponsorship of ALU LIKE, Inc. Payments of \$50,000 will be spread out over three years. ABIH received a matching amount from the Federal Government Office of Community Services, Administration for Children and Families.

ABIH will use the grant to fund Individual Development Accounts (IDAs), savings accounts in which ABIH matches low-income program participants' savings efforts over a minimum six-month period. This allows participants to save for a post-secondary education, purchasing a home or securing small business seed capital while developing long-term savings habits.

In addition to providing this \$150,000 grant, American Savings Bank services these interest-bearing IDA savings accounts at no cost to participants or ABIH.

Among lower income families, those owning assets are more likely to stay employed and work more hours, increase community and civic involvement, pursue a higher education for themselves and their children, and positively contribute to the community economy.

IDA program participants must be designated as low-income to qualify. Business and education IDAs are set up for a two-to-one savings match (for every \$1 a participant saves, ABIH adds \$2 towards the purchase of the asset), while the IDAs earmarked for the purchase of a home are a four-to-one match. IDA participants are also required to take financial education classes to learn how to manage a budget, establish and repair credit, and save for and then maintain large assets such as a home, computer or business. Contact the ALU LIKE, Inc. Island Representative on your island for more information.

PASE Conference

By Al Moreno

The Annual Native Research conference in Keaau, Hawai'i Island, was a valuable opportunity to present and market programs serving and studying Native Hawaiians. This year's theme focused on health and well-being of Native Hawaiians. Two NHCTEP-funded projects, Ka Aina Ike (science and nutrition, LCC) and E Ola Pono (health occupations, Castle HS) presented their projects to Hawaiian practitioners, other education and health professionals, and university researchers; another—Women in Technology (technology, Hawai'i Technology Institute)—participated in the presentation board session. It was especially valuable to have the larger community (Hawaiian and non-Hawaiian) question and discuss the work being done in the projects.

Such feedback, said Ka Aina Ike coordinator Jaime Boyd, "interjected the fuel that I needed to return to my program energized and eager to explore uncovered options and look at previously perceived weaknesses not as weaknesses but as incomplete links." The chance to listen to other presentations and network with other programs doing similar things, "told me that a program such as Ka Aina Ike needed to be structured

as a tripod approach to guiding high school students to the college setting."

As with other professional conferences, it was "motivating to meet so many professionals from a variety of backgrounds doing innovative and important work that impacts all aspects of Hawaiian knowing," says

Boyd. Two particularly valuable resources were the two other NHCTEP program participants. Not only did they enjoy each other's company during the conference, the three project coordinators found valuable links between their projects. The idea for a NHCTEP health careers pathway "summit"—which was held Friday, November 19—was germinated on the ride to the KSBE campus one day. "In Keaau I met the two support legs that I had imagined," says Boyd. "We've only been back on O'ahu for a week and we're already working for positive change."



Al Moreno

Nanakuli is a Successful Learning Place for Our Youth.



Students have fun while learning.

By Valerie Crabbe

The closing months of 2004 proved to be very diligent for the Ke Ala Ho'olokahi staff in Nanakuli. ALU LIKE, Inc. staff as well as the staff from The University of Hawai'i led 80 children from the Nanakuli Intermediate and High School on a water quality testing excursion. On the trip the children were able to take fresh and salt water samples and analyze the properties of the water samples. By the end of the trip the children were able to recognize factors in the environment that threaten the sea life as well as the environment they live in. The test

kits made it possible to measure the amounts of positive and negative levels of key elements in Nanakuli. The children and the staff had an enlightening experience and have already planned for a follow-up trip to do similar type experiments at Makua. In addition to the field trip, a job fair spearheaded by Nanakuli local and newly acquired KAHP staff member Sandy Aken went extremely well. The job fair just two hours, barely left standing room. Presenters from the military, Job Core, The Maritime Academy, a number of non-profit organizations, various colleges and universities were all present. ALU LIKE, Inc. staff member Matthew Roman stated "it's nice to see the children utilizing this resource as well as their families." According to Sandy Aken, she believes that there will be another fair in the near future, so please stay tuned!

A Tribute to Walter Kamana Jr.



Kupuna Walter "China/Pake" Kamana, Jr. 1937 - 2004

By Valerie Crabbe

It is with great sadness that we note the passing of Kupuna Walter "China/Pake" Kamana, Jr. on September 3, 2004. Uncle Walter is well known for his expertise of the ocean and has tirelessly shared his knowledge with ALU LIKE, Inc. and other non-profits who have taken on the responsibility of restoring and caring for the reef life in our ocean. Most of these projects

focused on the restoration of limu on the reef. Uncle Walter's guidance has helped many communities and non-profits re-establish reef life and become more involved in their ahupua`a. His gift of knowledge to so many individuals in communities throughout the state has insured the continuation of his dream of a thriving reef life in our ocean. A true asset to his community, Uncle Walter will be missed but not forgotten.

Success Story of KA AINA IKE Program

By Al Moreno

Sean Chung is a 17-year-old Mililani High School senior. According to Sean, he is the only high school student that he knows of at Mililani High School who is attending a college class for credit. He is happy to share his amazing college experience and often tells others "I don't feel like it's too hard". Amazingly, in addition to being a full-time high school student, taking a college class and volunteering at Wahiawa General Hospital as part of his professional development training, Sean is also looking for a part-time job. According to Sean, service learning as part of the course, is a great experience that "fits into my schedule". Sean reports that his service learning mentors have worked with him to make his training a good opportunity that fits with his career goals. He tells his peers that his enrollment in the Ka Aina Ike program is giving him a realistic feel of what to expect in college especially getting time management skills so that he can keep working out at the gym. Part of Ka Aina Ike's career development

training prepares students for public speaking engagements connected to the academics of the course: the study of Nutrition and possible career pathways. Students work to create an educational brochure and present their brochure in a public speaking setting. When asked about his experience with the public speaking experience at MAO farm's community day, Sean stated, "the assignment taught me not to be too nervous even though the farmer knows more." It was a great experience to get feedback from the expert on my brochure and the way I presented the information to the public. I also got good experience with advanced technology while making the brochure. The HS setting only taught to use computers for writing papers but not to design a brochure".

Ka Aina Ike program is funded through ALU LIKE, Inc.'s Vocational Education Department. For additional information on Ka Aina Ike program, call the project coordinator/instructor, Jamie Boyd, RN, at Leeward Community College.



Sean Chung shares his stories.

“Who are you and what are you doing here?”

By Michael Dias

Someone heard a security guard asking a young man, “Who are you and what are you doing here?” He probably heard that before, but this time it was different. The question took on new meaning as he asked himself, “Who am I and what am I doing here?” Our identity and purpose are fundamental to our life experience and can be the difference between fulfillment and frustration! Our beloved Kupuna, “Aunty Abbie” Napeahi, and anyone who’s ever worked with her, knows this well. In her ho’oponopono sessions, she often asks, “Who are you? Do you know who you are?”

Divorce and an economy that often compels both parents to hold jobs outside the home have punctuated the need for fathers to be more involved than ever in the household, as caregivers and nurturers, not just breadwinners. The trouble is that most fathers today struggle with that same question when it comes to fathering, “Who am

I, and what am I doing here?” Women have labored to establish their ability and worth in the business world, and men are striving to establish their ability and worth in the home, especially with the ever-increasing movement of women to the workforce. Men and women have always worked and nurtured children, but this new era demands new ways for moms and dads to do both and to parent as a team.

Dads need to know how important they are to their families; moms, service providers, judges, and society need to know that too. We all need to realize that fathers are more than just a paycheck and a financial womb for children.

MAHALO NUI, much thanks, to all the ALU LIKE, Inc. Ho’okahua Early Childhood Department staff for faithfully fulfilling their kuleana (responsibility) in our efforts to strengthen nā mākuahine (moms), nā mākuakāne (dads), nā keiki (children), nā ‘ohana (families)...



Father plays and educates using colors.

“In a study of preschoolers, children whose fathers were responsible for at least 40 percent of child care tasks exhibited more empathy than those children whose fathers were less involved.”

Source: Radin, N. “Primary-Caregiving Fathers in Intact Families.” In A.E. Gottfried & A.W. Gottfried (Eds.), *Redefining Families: Implications for Children’s Development*. New York: Plenum Press, 1994: 55-97. (As cited in “Father Facts, Fourth Edition.” National Fatherhood Initiative, 2002: 146.)

Continued history of ALU LIKE, Inc.

Tutu Mary Kawena Puku’i, later renamed N.O.W. to ALU LIKE, which means, “striving together”. Thus, the founders of N.O.W. became the founders of ALU LIKE. Puku’i shared that our request for a name caused her to reflect on this term ALU LIKE, which was used in newspaper articles of the 1870s to refer to “striving together”. The term has no longer been used in more recent years and she purposely used ALU LIKE, rather than the usual words for “working together”, because she knew that the work to be done was very challenging, and there would have to be some tugging, pushing and pulling in order to accomplish our goals. She felt that the tasks ahead would not be easy.

A few years later, ALU LIKE’s Public Information Officer, Gard Kealoha, approached Kūpuna wahine Edith Kanaka’ole for a motto to use in the weekly “‘Ohana Radio Program” on KCCN and

for the ALU LIKE monthly newspaper, “*The Native Hawaiian*”. Auntie Edith Kanakaole provided him with the motto that we have used ever since, “E alu like mai kākou, e nā ‘ōiwi o Hawai’i”.

The original congressional appropriation for \$125,000 to ALU LIKE was provided in record time under the leadership of the Hawai’i Congressional Delegation, former Senators Hiram Fong, Spark Matsunaga, Patsy Mink and Senator Daniel Inouye, and awarded by the Office of Native American Programs.

The ALU LIKE’s name and motto are indeed strong and very descriptive of what we have done and are doing.

“E alu like mai kākou, e nā ‘ōiwi o Hawai’i”.

The story continues in our Summer 2005 issue...

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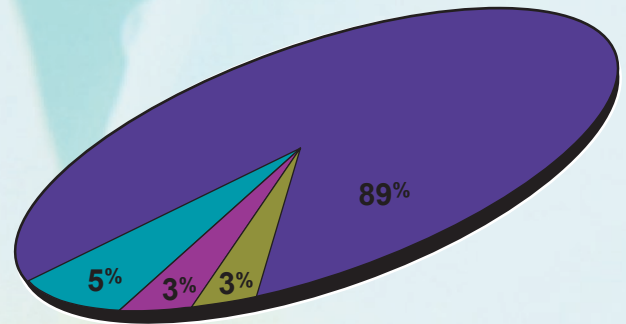
Our Partners

ALU LIKE, Inc. gratefully acknowledges the following partners who have generously supported our mission.

■ Federal 89%:

Administration on Aging
Administration for Native Americans
Department of Commerce
Department of Education
Department of Health & Human Services
Department of Labor
Institute of Museum & Library Services
National Oceanic & Atmospheric Administration

Percentage of Donations



■ State 5%:

Department of Health/Mental Health Division
Department of Public Safety
HCF - Kosasa Family Fund
HKL Castle Foundation
Office of Hawaiian Affairs
Molokai Community Services Council Friendly Isle United Fund
Research Center University of Hawai'i
Waihona 'Aina Corporation

■ Counties, Foundations and Corporations 3%:

Aloha United Way
American Savings Bank, Hawaii Community Foundation, etal
City & County of Honolulu
County of Maui
Hawai'i Community Foundation
Kamehameha Schools
Ke Aupuni Lokahi, Inc.(pass-thru from U.S. Dept. of Agriculture)
Kokua In Kind
Friends of Hawai'i Charities Inc.
Lucille M. Tallett Trust (Hilo)
Wal-Mart Stores, Inc. (Hilo)

■ Individuals 3%:

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Crowell, Doris
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Ito, Karen L.
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Kahawai, Daniel & Mamie
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Kaohi-Atou, Tammy
Kesaji, Theodore

Leong, Mary
Matsumoto, Rose K.
Moreno, Ishmael
Paglinawan, Richard
Perez, Lucy
Rubin, Winona E.
Spoehr, Hardy
Takahashi, Fay
Tavarres, Hannah
Trembath, Charles L.
Vidinha, Lenora C.
Wright Emma L.

Acknowledged support received between July 1, 2004 - December 31, 2004

Donation Form

Enclosed, please find my gift to help ALU LIKE, Inc. continue in its mission of helping Native Hawaiians achieve their potential for themselves, their families and communities.

The category of my gift is as follows:

- \$5,000 - \$1,000 _____ - \$500 _____ Other - \$ _____

In Tribute to: _____

In Memory of: _____

To a specific ALU LIKE, Inc. program: _____

Payment Arrangements:

My gift of \$ _____ is enclosed (please make check payable to ALU LIKE, Inc.)

I pledge to pay my gift in (circle one): monthly/bi-monthly/quarterly/annual installments of \$ _____

Please bill my credit card: VISA MasterCard American Express

Name of Cardholder: _____

Account Number: _____

Expiration Date: _____

Signature: _____

Contributions to ALU LIKE, Inc. are tax-deductible, Mail to: ALU LIKE, Inc. (attention: Finance)

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